Inglemoor Rehabilitation and Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Election Week 1 10:00 You Tube Exercise 10:15 Daily Chronicle 10:30 History of November 10:45 Daily Trivia 2:00 **Entertainment** 3:15 Fall Harvest Social and Music	**2** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 State Capitals 10:45 Presidential Trivia 2:00 **Ring Around the Party Animals** 3:15 I Voted Pins	***Amelia visits* 3** 10:00 Music Exercise 10:15 Daily Chronicle 10:30 Past Elections 10:45 Government Trivia 2:00 Bingo 3:15 What You Are Grateful for.. A to Z 6:00 Resident Choice **2pm-3pm Hot Coco Bar Front Lobby**	***Snow Visits* 4** 10:00 You Tube Exercise *10:00 Eucharist 10:15 Daily Chronicle 10:30 President History 10:45 Flag Craft 2:00 Making First Lady Cookies 3:15 Ring Toss 6:00 Creative Night	***Kia visits* 5** 10:00 You Tube Exercise 10:15 Daily Chronicle 10:30 History of Fall Animals 10:45 Recreation Planning 2:00 Bingo 3:15 WC: Women's Social 6:00 Spa Night	***Cappuccino visits* 6** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 Traditional Foods 10:45 Trivia 2:00 **Monthly Birthday Party** 3:15 Active Game 6:00 Resident Choice	**7** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 History of the Seasons 10:45 Grab and Go 2:00 Bingo 3:15 Name that Event
Saluting Our Heros Week 8 10:00 You Tube Exercise 10:15 Daily Chronicle 10:30 History of the X Ray 10:45 Current Events 2:00 **Entertainment** 3:15 Thanksgiving Trivia Social	**9** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 All about Albert Einstein 10:45 History of Berlin Wall 2:00 **Clay Time** 3:15 SFS: The Turkey 3:30 Rabbi	***Amelia visits* 10** 10:00 Music Exercise 10:15 Daily Chronicle 10:30 Patriotic History 10:45 Paint Poppies 2:00 Bingo 3:15 Get the Family Perspective 6:00 Resident Choice	***Terry / Daisy Visit* 11** 10:00 You Tube Exercise *10:00 Eucharist 10:15 Daily Chronicle 10:30 History of Veteran Wars 10:45 Frame Stars and Stripes 2:00 Veterans Day Party 3:15 Coffee Social for Veterans 6:00 Spa Night	***Kia visits* 12** 10:00 You Tube Video 10:15 Daily Chronicle 10:30 Sing the National Anthem 10:45 Fold the American Flag 2:00 Bingo 3:15 Say Thank You 6:00 Spa Night	***Cappuccino visits* 13** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 History of Famous Vets 10:45 Flag Craft 2:00 Resident Council 3:15 Fall Social 6:00 Resident Choice	**14** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 History of Red, White, and Blue 10:45 Trivia 2:00 Bingo 3:15 Workbooks
Celebrating the Men 15 10:00 You Tube Exercise 10:15 Daily Chronicle 10:30 Compose, Recycle, or Trash 10:45 Tracing Famous Art 2:00 **Entertainment** 3:15 Holiday Social	**16** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 National Fast Food History 10:45 TV Trivia 2:00 **Baking Thanksgiving Dessert** 3:15 Celebration of Life	***Amelia visits* 17** 10:00 Music Exercise 10:15 Daily Chronicle 10:30 Classic Westerns 10:45 Trivia 1:30 Food Committee Meeting 2:00 Bingo 3:15 **Cold Beer Social** 6:00 Resident Choice	***Snow Visits* 18** 10:00 You Tube Exercise *10:00 Eucharist 10:15 Daily Chronicle 10:30 Famous Men 10:45 Athletic Sports 2:00 **Sand Art Program** 3:15 Men's Sports 6:00 Creative Night	***Kia visits* 19** 10:00 You Tube Exercise 10:15 Daily Chronicle 10:30 History of Men Evolution 10:45 Trivia 2:00 Bingo 3:15 WC: Tea Social 6:00 Spa Night	***Cappuccino visits* 20** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 Name that Invention 10:45 Board Games 2:00 **Turkey Shot and Games** 3:15 Work Books 3:30 Rabbi Rubin 6:00 Resident Choice	**21** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 Name that Toy 10:45 Word Games 2:00 Bingo 3:15 **Art Class with Ann**
Turkey Week 22 10:00 You Tube Exercise 10:15 Daily Chronicle 10:30 Is Animal Testing Humane? 10:45 Playing 20 Questions 2:00 **Entertainment** 3:15 Button Ornaments	**23** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 Popular Sources of Reading 10:45 Trivia 2:00 **Judi Art** 3:15 Word Games 3:30 Rabbi	***Amelia visits* 24** 10:00 Music Exercise 10:15 Daily Chronicle 10:30 History of Pilgrims 10:45 Turkey Ring Toss 2:00 Bingo 3:15 **Pine Cone Turkey** 6:00 Resident Choice	***Terry/ Daisy Visit* 25** 10:00 You Tube Exercise *10:00 Eucharist 10:15 Daily Chronicle 10:30 History of Americans 10:45 First Thanksgiving 2:00 Parade 3:15 **Turkey Cupcakes** 6:00 Creative Night	***Kia visits* 26** 10:00 You Tube Exercise 10:15 Daily Chronicle 10:30 History of Thanksgiving 10:45 Name that Treat 2:00 Bingo 3:15 Turkey Social 6:00 Spa Night	***Cappuccino visits* 27** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 Famous Historians 10:45 What Year? 2:00 **Thanksgiving Family Feud** 3:15 Balloon Tennis 3:30 **Catholic Service** 6:00 Resident Choice	**28** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 History of Fall 10:45 Hangman 2:00 Bingo 3:15Wreath Making
29 10:00 You Tube Exercise 10:15 Daily Chronicle 10:30 Where were they from? 10:45 Guess the Refrigerator 2:00 **Entertainment** 3:15 Shopping List	**30** 10:00 Stretch and Flex 10:15 Daily Chronicle 10:30 History of Music 10:45 CD Record Program 2:00 **Power point on the First Thanksgiving** 3:15 Guess the Tune					

November 2026

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