



SAMPLE MENU

Breakfast Selections

Choice of Chilled Juices
Fresh Fruit
Hot or Cold Cereals
Pancakes or French Toast
Scrambled or Hard Boiled Eggs or Fresh Omelet
Bacon
Homemade Assorted Muffins
Toast or Muffins with Butter/Margarine/Jelly
Milk, Tea or Coffee



Lunch Selections

Homemade Minestrone Soup
Honey Glazed Pork Chops Chicken Stir Fry
Baked or Sweet Potatoes Steamed Rice
Green Bean Almondine Japanese Vegetables
Dinner Roll with Butter/Margarine
Peach Cobbler
Fresh Fruit Cups
Milk, Tea or Coffee



Dinner Selections

Homemade Split Pea Soup
Baked Tilapia Eggplant Rollatini
Seasonal Vegetables Pasta
Roasted Potatoes Caesar Salad
Dinner Roll with Butter/Margarine
Assorted Desserts
Fresh Fruit Cups
Milk, Tea or Coffee



Special diets and Substitutions always accommodated by our registered dietitian