

Inglemoor Rehabilitation and Care Center

December 2023

Inglemoor Rehabilitation & Care Center- Reflections

*keelo visits vary on Saturdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 10:00 Stretch and Flex 10:30 Black and White Sensory 1:00 Blue Sensory 2:00 New Years Eve Party 3:15 Confetti Matching Game						2 <i>Cappuccino visits</i> 10:00 Bell Exercise 10:30 Snowball Game and Snow Sensory 1:00 Yellow Sensory 2:00 Xmas Tree Decorating Party 3:15 Wacky Noodle
3 10:00 Stretch and Flex 10:30 Holiday Story and Cookie Time 1:00 Blue Sensory 2:00 Christmas Math 3:15 Balloon Games	4 10:00 Ball Exercise 10:30 Manicure Sensory and Nail Time 1:00 Pink Sensory 2:00 Reindeer Sensory and Games 3:15 Name the Red Object	5 10:00 Ribbon Exercise 10:30 Baking Cookies and Cookie Sensory 1:00 Orange Sensory 2:00 Match the Xmas Cookie Cutters 3:15 Story Time	6 10:00 Parachute Fitness *10:00 Eucharist 10:30 Dentist Sensory 1:00 Purple Sensory 2:00 Puzzle Time 3:15 Broomstick Balloon Game	<i>Kia visits</i> 7 10:00 Ball Exercise 10:30 What's in the Bedroom? 1:00 Green Sensory 2:00 Connect the Dots 3:15 Junk Drawer Detective	<i>Cappuccino visits</i> 8 10:00 Bell Exercise 10:30 Sensory Bottle Sensory 1:00 Yellow Sensory 2:00 Wedding Sensory 3:15 Candy Cane Fishing	9 10:00 Scented Ball Exercise 10:30 Hannukah Sensory 1:00 Red Sensory 2:00 Grab that Candy! 3:15 Clock Sensory
10 10:00 Stretch and Flex 10:30 Elf Time and Fun 1:00 Blue Sensory 2:00 Christmas Holiday Fun 3:15 Holiday Sensory and Lotion Time	11 10:00 Ball Exercise 10:30 Pet Sensory 1:00 Pink Sensory 2:00 Reindeer Party and Fun 3:15 Red and Green Sensory	12 10:00 Ribbon Exercise 10:30 Grooving to Frank Sinatra 1:00 Orange Sensory 2:00 Pasta/ Italy Sensory 3:15 Making Poinsettia Cards	<i>Waldo visits</i> 13 10:00 Parachute Fitness *10:00 Eucharist 10:30 Holiday Nesting Dolls 1:00 Purple Sensory 2:00 Making Salt Dough Ornaments 3:15 Penguin Sensory and Bookmarks	<i>Kia visits</i> 14 10:00 Ball Exercise 10:30 Christmas Watercolors 1:00 Green Sensory 2:00 Holiday Story Time with Eggnog 3:15 Wreath Toss	<i>Cappuccino visits</i> 15 10:00 Bell Exercise 10:30 Gingerbread Man Fun 1:00 Yellow Sensory 2:00 European Landmarks Pictures 3:15 Holiday Show and Tell	16 10:00 Baton Exercise 10:30 Name that Toy/ Toy Sensory 1:00 Red Sensory 2:00 Match the Ugly Sweater 3:15 Circus Sensory
17 10:00 Stretch and Flex 10:30 Snowmen Time 1:00 Blue Sensory 2:00 Balloon Tennis 3:15 Decorate the Cookies	18 10:00 Ball Exercise 10:30 Stamping 1:00 Pink Sensory 2:00 Connect the Dots 3:15 Elf Sensory	19 10:00 Ribbon Exercise 10:30 Building Blocks 1:00 Orange Sensory 2:00 Winter Sensory 3:15 ATM Sensory	<i>Waldo visits</i> 20 10:00 Parachute Fitness *10:00 Eucharist 10:30 Ball Games 1:00 Purple Sensory 2:00 Story and Cookie Time 3:15 The Human Body	<i>Kia visits</i> 21 10:00 Ball Exercise 10:30 Star Sensory 1:00 Green Sensory 2:00 Decorate the Tree 3:15 Match the Gifts	<i>Cappuccino visits</i> 22 10:00 Bell Exercise 10:30 Dove Sensory 1:00 Yellow Sensory 2:00 Soap and Lotion Sensory 3:15 Fruit and Vegetable Sensory	23 10:00 Baton Exercise 10:30 Winter Animal Sensory 1:00 Red Sensory 2:00 Match the Bells 3:15 Color by the Numbers
24 10:00 Stretch and Flex 10:30 Hand Massages and Sensory 1:00 Blue Sensory 2:00 Christmas Eve Party 3:15 Cookie Time	25 10:00 Ball Exercise 10:30 Red and Green Sensory 1:00 Pink Sensory 1:00 Concert 2:00 Christmas Games 3:15 Meditation Time	26 10:00 Ribbon Exercise 10:30 Match the Bows 1:00 Orange Sensory 2:00 Memory Games 3:15 Dessert Time	<i>Waldo visits</i> 27 10:00 Parachute Fitness *10:00 Eucharist 10:30 Radio City 1:00 Purple Sensory 2:00 The Nutcracker and Friends 3:15 Color Matching Game	<i>Kia visits</i> 28 10:00 Ball Exercise 10:30 Sensory Baskets 1:00 Green Sensory 2:00 Snow Fun 3:15 Hot Coco Time	<i>Cappuccino visits</i> 29 10:00 Bell Exercise 10:30 Bird Sensory 1:00 Yellow Sensory 2:00 Balloon Games 3:15 Ice Cream Social and Sensory	30 10:00 Baton Exercise 10:30 Puzzle Time 1:00 Red Sensory 2:00 Bubble Wrap and Cotton Sensory Time 3:15 Musical Instruments and Sing a Long