

# Inglemoor Rehabilitation and Care Centers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>Cappuccino visits 3</b>	<b>Kia visits 4</b>	<b>5</b>	<b>6</b>
	10:00 Stick Exercise 10:30 National Girlfriend Day 2:00 Volleyball 3:15 Science for Seniors 6:00 Paint and Sip	10:00 Yoga 10:30 <b>Food Committee Meeting</b> 2:00 Bingo 3:15 Book Club	10:00 Pom-Pom Exercise *10:00 Eucharist 10:30 Travel Club: Panama 2:00 Cornhole 3:15 Mens Club: Favorite Sport 6:00 Creative Nt. w/Donna	10:00 Groovin' to the Oldies 10:30 All About Baking 2:00 Bingo 3:15 Womens Club: Social 6:00 Movie Night with Love	10:00 Weight Exercise 10:30 History of Country Singers 2:00 Wacky Noodle 3:15 Ice Cream Social 6:00 Game Night with Tanya	10:00 Bend and Flex 10:30 History of Hot Air Balloons 2:00 Bingo 3:15 Poetry with Ann
<b>7</b>	<b>8</b>	<b>9</b>	<b>Cappuccino visits 10</b>	<b>Kia visits 11</b>	<b>12</b>	<b>13</b>
10:00 Parachute Exercise 10:30 How the Brain Functions 2:00 Basketball 3:15 Week in Review	10:00 Stick Exercise 10:30 All About Cats 2:00 <b>A Day at the Beach</b> 3:15 Bible/Gospel Club 6:00 Paint and Sip	10:00 Yoga 10:30 History of Sewing 2:00 Bingo 3:15 Book Club 3:30 Rabbi Visits	10:00 Pom-Pom Exercise *10:00 Eucharist 10:30 Travel Club: Finland 2:00 Balloon Tennis 3:15 Mens Club: Journal Writing 6:00 Creative Nt. w/Donna	10:00 Groovin' to the Oldies 10:30 All About Families 2:00 Bingo 3:15 Womens Club: Womens' Rights 6:00 Movie Night with Love	10:00 Weight Exercise 10:30 All About Baseball 2:00 Bowling 3:15 Chocolate Chip Cookie Social 6:00 Game Night with Tanya	10:00 Bend and Flex 10:30 Wheel of Fortune 2:00 Bingo 3:15 Bananagrams
<b>14</b>	<b>15</b>	<b>16</b>	<b>Cappuccino visits 17</b>	<b>Kia visits 18</b>	<b>19</b>	<b>20</b>
10:00 Parachute Exercise 10:30 All About Classic Artists 2:00 Can-Can Toss 3:15 News and Views	10:00 Stick Exercise 10:30 <b>Resident Council Meeting</b> 2:00 Spa Day 3:15 Science for Seniors 6:00 Paint and Sip	10:00 Yoga 10:30 History of Volleyball 1:30 Lutheran Service 2:00 Bingo 3:15 Book Club	10:00 Pom-Pom Exercise *10:00 Eucharist 10:30 Tvl. Club: Madagascar 2:00 Baking with Carol 3:15 Mens Club: Chip and Soda Social 6:00 Creative Nt. w/Donna	10:00 Groovin' to the Oldies 10:30 Summer Fruits 2:00 Bingo 3:15 Womens Club: Collage 6:00 Movie Night with Love	10:00 Weight Exercise 10:30 All About Dogs 2:00 <b>Rainforest Day</b> 3:15 Fruit Social 6:00 Game Night with Tanya	10:00 Bend and Flex 10:30 All About Rabbits 2:00 Bingo 3:15 Poetry with Ann
<b>21</b>	<b>22</b>	<b>23</b>	<b>Cappuccino visits 24</b>	<b>Kia visits 25</b>	<b>26</b>	<b>27</b>
10:00 Parachute Exercise 10:30 All About Elvis 2:00 Bowling 3:15 Current Events	10:00 Stick Exercise 10:30 Famous Composers of the 1940s 2:00 Volleyball 3:15 Bible/Gospel Club 3:30 Rabbi Visits 6:00 Paint and Sip	10:00 Yoga 10:30 Famous Composers of the 1950s 2:00 Bingo 3:15 Book Club	10:00 Pom-Pom Exercise *10:00 Eucharist 10:30 Beethoven Music 2:00 Ring Toss 3:15 Mens Club: Wood Craft 6:00 Creative Nt. w/Donna	10:00 Groovin' to the Oldies 10:30 Mozart Music 2:00 Bingo 3:15 Womens Club: Womens Fashion 6:00 Movie Night with Love	10:00 Weight Exercise 10:30 <b>Recreation Planning Committee</b> 2:00 <b>Inglemoor Play</b> 3:15 Name That Tune 3:30 Catholic Service 6:00 Game Night with Tanya	10:00 Bend and Flex 10:30 Classical Music Appreciation 2:00 Bingo 3:15 Egg Racing
<b>28</b>	<b>29</b>	<b>30</b>	<b>Cappuccino visits 31</b>	<h1 style="margin: 0;">AUGUST 2022</h1> <p style="margin: 0; color: blue; font-weight: bold;">Inglemoor Rehabilitation &amp; Care Center - Heritage</p>		
10:00 Parachute Exercise 10:30 All About Butterflies 2:00 Karaoke 3:15 World Events	10:00 Stick Exercise 10:30 All About the iPad 2:00 <b>Resident Birthday Party</b> 3:15 Science for Seniors 6:00 Paint and Sip	10:00 Yoga 10:30 Science of Hydration 2:00 Bingo 3:15 Book Club: All About the Author and Next Book Discussion	10:00 Pom-Pom Exercise *10:00 Eucharist 10:30 Travel Club: Malaysia 2:00 Broomstick Hockey 3:15 Mens Club: All About Boats 6:00 Creative Nt. w/Donna			