



Inglemoor Rehabilitation and Care Centers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 10:00 Scarf Exercise 10:30 Famous Authors 2:00 Ring Toss Game 3:15 Month in Review	<h1 style="color: red;">JULY 2022</h1> <h2 style="color: blue;">Inglemoor Rehabilitation & Care Center - Heritage</h2>				1 10:00 Yoga 10:30 History of Canada 2:00 Broomstick Hockey 3:15 Ice Cream Social 6:00 Board Games with Tanya	2 10:00 Tai Chi 10:30 World UFO Day 2:00 Bingo 3:15 Poetry with Ann
3 10:00 Scarf Exercise 10:30 Scattergories 2:00 Baseball 3:15 Week in Review	Independence Day 4 10:00 Baton Exercise 10:30 U.S. History 2:00 Fourth of July Party 3:15 Science for Seniors: Firecrackers 6:00 Paint and Sip	5 10:00 Noodle Exercise 10:30 Food Committee Meeting 2:00 Bingo 3:15 Book Club 6:00 Movie and Discussion with Love	6 10:00 Weight Exercise *10:00 Eucharist 10:30 Recreation Planning Meeting 2:00 Jenga 3:15 Mens Club 6:00 Creative Night with Donna	Kia visits 7 10:00 Ball Exercise 10:30 Forensic Files 2:00 Bingo 3:15 Womens Club: Doily Flowers 6:00 Movie and Discussion with Love	8 10:00 Yoga 10:30 Summer Life in the 50s 2:00 Summer Dance-Off 3:15 Pudding Social 6:00 Board Games with Tanya	9 10:00 Tai Chi 10:30 Bananagrams 2:00 Bingo 3:15 Sugar Cookie Social
10 10:00 Scarf Exercise 10:30 All About Kittens 2:00 Cornhole 3:15 Current Events	11 10:00 Baton Exercise 10:30 All About Marine Corps 2:00 Water Paper Coloring 3:15 Walking Club 3:30 Rabbi Visits 6:00 Paint and Sip	12 10:00 Noodle Exercise 10:30 How Jell-O Was Made 2:00 Bingo 3:15 Book Club 6:00 Movie and Discussion with Love	13 10:00 Weight Exercise *10:00 Eucharist 10:30 How French Fries are Made 2:00 Spa Day 3:15 Mens Club 6:00 Creative Night with Donna	Kia visits 14 10:00 Ball Exercise 10:30 Giant Crossword 2:00 Bingo 3:15 Womens Club: Tea Social 6:00 Movie and Discussion with Love	15 10:00 Yoga 10:30 History of Potlatches 2:00 Hungry Hippos 3:15 Cocktail Social 6:00 Board Games with Tanya	16 10:00 Tai Chi 10:30 All About Snakes 2:00 Bingo 3:15 Ice Cream Social
17 10:00 Scarf Exercise 10:30 All About the Lottery 2:00 Mini Golf 3:15 News and Views	18 10:00 Baton Exercise 10:30 All About Hot Air Balloons 2:00 Resident Council Meeting 3:15 Nature Photos 6:00 Paint and Sip	19 10:00 Noodle Exercise 10:30 Doo-Wop Music 1:30 Lutheran Service 2:00 Bingo 3:15 Book Club 6:00 Movie and Discussion with Love	20 10:00 Weight Exercise *10:00 Eucharist 10:30 All About the Moon 2:00 RC Car Racing 3:15 Mens Club 6:00 Creative Night with Donna	Kia visits 21 10:00 Ball Exercise 10:30 Junk Food Day 2:00 Bingo 3:15 Womens Club: Journal Writing 6:00 Movie and Discussion with Love	22 10:00 Yoga 10:30 All About Summer Sports 2:00 Volleyball 3:15 Hot Appetizer Social 6:00 Board Games with Tanya	23 10:00 Tai Chi 10:30 Ways to Cook Shrimp 2:00 Bingo 3:15 Jokes, Puns, and Riddles
24 10:00 Scarf Exercise 10:30 Ways to Prepare Salad 2:00 Broomstick Hockey 3:15 World Events	25 10:00 Baton Exercise 10:30 All About the Sewing Machine 2:00 Christmas in July 3:15 Walking Club 6:00 Paint and Sip	26 10:00 Noodle Exercise 10:30 Aunt and Uncle Day 2:00 Bingo 3:15 Book Club 3:30 Rabbi Visits 6:00 Movie and Discussion with Love	27 10:00 Weight Exercise *10:00 Eucharist 10:30 All About Bagpipes 2:00 Resident Birthday Party 3:15 Mens Club 6:00 Creative Night with Donna	Kia visits 28 10:00 Ball Exercise 10:30 Milk Chocolate Day 2:00 Bingo 3:15 Womens Club: Poetry Discussion 6:00 Movie and Discussion with Love	29 10:00 Yoga 10:30 All About Lipstick 2:00 Hula Hoop Bean Bag Game 3:15 Root Beer Float Social 6:00 Board Games with Tanya	30 10:00 Tai Chi 10:30 International Day of Friendship 2:00 Bingo 3:15 Greased Lightning Day