

Inglemoor Rehabilitation
& Care Center
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Your Administration Staff

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Tanaisha Holloway, Med-
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269)

Jill Montag, Dietician (ext.
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Michele Caggiano, Con-
troller (ext.223)

Margaret Brown, Director
of Recreation (ext. 250)

Tisha Stellato, Director of
Admissions (ext. 222)

If you are interested
in attending any of
our off-site outings,
contact the Recrea-
tion or the Front Desk
to reserve your spot!
Call ext. 250.

Inglemoor Informer

"Excellence in Service"

Caring, Competence, Commitment, Constancy

Volume 2019, Issue 9

September, 2019

September, 2019: Mark Your Calendars

**2—Labor Day BBQ 12:00;
Jewish Service 1:00; The
Maestro Performs 2:15**

**3—Food Committee Meeting
10:30**

**5—Music Therapy with Jessi-
ca 10:15 (also 9/12, 9/19 and
9/23)**

**6—Mike Armeno Performs
2:15; Pizza Social 3:15**

**8—Kris Phipany Performs 2:15; Grandparent's
Social 3:15**

**13—Cowboy Vittles 12:00; Hoe-Down Cowboy
Party 2:00**

15—Carol Erickson Performs 2:15

**16—Resident Council 10:30; Jewish Service
3:00**

19—Chatham Brass Ensemble performs 6:30

**20—Carlos Performs 2:15; Apples/Caramel So-
cial 3:15**

22—Shane Scarazzini Performs 2:15

25—Creating with Clay 2:00

26—Inglemoor's Walk to End Alzheimer's 2:00

**27—John Gee Performs 2:15; Birthday Cake Social
3:15**

**30—Rosh Hashanah Service 4:30; Rosh Hashanah
Celebratory Dinner 5:00**



**Hair Salon open every
Tuesday and every other
Wednesday.**

**Catholic Services every
Monday at 2:00pm**

**Jewish Service 3:00pm on
two Mondays a month.**

**Lutheran Service first
Tuesday of month at
1:30pm**

**Survey results are at the
Reception Desk.**

**We welcome our resi-
dents to enjoy the out-
doors. Please stop by
the front desk for a
hat or sun screen and
let someone know if
you are going outside.**

Inglemoor Walks To End Alzheimer's

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's is the largest event to raise awareness and funds for Alzheimer's care, support and research. This inspiring event calls on participants of all ages and abilities to join the fight against the disease.

Inglemoor has answered the call!

Inglemoor is a gold level sponsor for the Essex/Hudson/Union Walk to be held on Saturday, September 28, however, Inglemoor will be hosting an "Internal" Walk here at our facility on Thursday, September 26th at 2:00pm.

We invite staff and families to join as we "Walk/Wheel" for Alzheimer's. We will be parading throughout the building and around our circle drive and have invited an Ice Cream Truck to serve treats while in the circle drive. Anyone "walking or wheeling" for Alzheimer's will receive a free ice cream. We will then gather in the main dining room for refreshments.

Our Residents, Staff and Inglemoor Families see the devastating effects of Alzheimer's every day. Currently 5.7 million Americans are living with Alzheimer's, by 2020 this number is projected to rise to nearly 14 million. Sixteen million individuals are serving as their unpaid caregivers, while six in ten caregivers of people with Alzheimer's or another dementia were employed in the past year to provide help.

As the leading voluntary health organization in Alzheimer's care, support and research, the Alzheimer's Association addresses this global crisis by providing education and support to millions who face dementia every day, while advancing critical research towards methods of treatment, prevention and ultimately, a cure.

Join US!

**Thursday, September
26th, 2:00 PM**

**Volunteer to wheel a
resident around the
building in our
"Internal" Walk to End
Alzheimer's**

**An Ice Cream Truck
will be serving treats in
the Circle Drive. Any-
one walking or wheel-
ing for Alzheimer's will
receive a free ice
cream. We will then
meet in the Dining
Room immediately
following**

(Wear Purple!)



A Look Back at the Fun we had in August! Our Roaring 20's Party



Daily Video Message Orients and Reassures

Taken from Alzheimer's/Dementia Weekly:

A new pilot program was recently started at Hebrew Home in Riverdale, NY. The pilot was begun as a non-pharmacological approach to managing Alzheimer's and dementia. The program has family members create a short video, tailor made for their loved one. The video is a cheerful greeting, meant to orient them to the day. It may include where they are, why they are here and who they are. Videos have included their favorite song, anecdotes about their lives, and named family members.

The video is meant to give visual and auditory cues, the areas of the brain most af-



ected by the disease. Imagine waking up every day and not knowing where you are, not remembering your name, the date, your family, how long you have been there. That can be very frightening. The morning video is meant to ease that transition from sleep to wakefulness and start the day out on the right foot.

We want to begin this program with our residents here at Inglemoor on the Reflections Unit, and then perhaps roll it

out to all of our Long Term Care Residents. If you would like your loved one to wake up to a video created by you, please contact Margaret Brown at extension 250, for more details.

Giddy-up Little Doggie! Hoe-Down Cowboy Party—Sept. 13th

Get your jeans, boots, chaps and cowboy hats ready! Inglemoor is having a hoe-down!

We have been getting in the spirit for our September Western party with related programming: Classic Cowboy Movies (The Searchers, The Good, The Bad And the Ugly, High Noon, etc.), Themed Discussions (Home on the Range & Little House on the Prairie), and a recipe for chocolate covered pretzels that look like cactus!

Ribs and chicken will be served at lunch with corn and baked potato.

Join us on a trip to the Wild, Wild West!

