Inglemoor Rehabilitation & Care Center 311 South Livingston Ave Livingston, NJ 07039 973.994.0221 www.inglemoor.com

Your Administration Staff

Steve Izzo, LNHA, Administrator (ext. 224)

Karen Gentile, Director of Nursing (ext. 256)

Nadra Chafaqi, Asst. Director of Nursing (ext. 265)

Suneepa Gupta, Rehabilitation Director (ext. 226)

Tanaisha Holloway, Medical Records (ext. 257)

Denise Leandri, Director of Food Service (ext. 269)

Jill Montag, Dietician (ext. 229)

Meredith Weil, Director of Social Services (ext. 261)

Denise Infusino, Director of Human Resources (ext. 227)

Doug Beam, Director of Building Services (ext. 244)

Michele Caggiano, Controller (ext.223)

Margaret Brown, Director of Recreation (ext. 250)

Tisha Stellato, Director of Admissions (ext. 222)

If you are interested in attending any of our off-site outings, contact the Recreation or the Front Desk to reserve your spot! Call ext. 250.

Inglemoor Informer

"Excellence in Service" Caring, Competence, Commitment, Constancy

Volume 2019, Issue 3

March, 2019

March, 2019: Mark Your Calendars

1—Harry Maitland Performs 2:15; Chips & Dip Social 3:15

3—Shane Scarazzini Performs

4—Food Committee Meeting 10:30; Jewish Service 3:00 (also 3/18)

5—Mardi Gras Party 2:00; Lutheran Service 1:30

7—Paparazzi Jewelry Vendor; Music Therapy with Jessica 10:15 (also 3/14; 3/21; 3/28)

8—Kris Phipany Performs 2:15; Tea Time Social 3:15

13—The Livingtones Perform 2:00

15-Minute to Win It! 2:00; Cheesecake 3:00

17—Candy Performs 2:15; St. Pat's Social

18—Resident Council Meeting 10:30

20—Irish Origins with Walter C. 2:00

21—Purim Celebration 11:15

22—Deb DeLucca Performs 2:15; Spring Rolls 3:15

26—Armchair Travel to India 2:00

27—Chatham Brass Concert 6:30

29—Carlos Performs 2:15; Birthday Celebration 3:15





Hair Salon open every Tuesday and every other Wednesday.

Catholic Services every Monday at 2:00pm

Jewish Service 3:00pm on two Mondays a month.

Lutheran Service first Tuesday of month at 1:30pm

Survey results are at the Reception Desk.



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Technology Initiative at Inglemoor Tech Talk with Teens—Sat., 3/16

I always joke with my teenage sons that they were born with a microchip in their heads because of their natural ability when it comes to anything technological. We are putting that natural affinity to good use! Saturday, March 16 we have invited the YMCA Teen Leadership Group to help our seniors become more comfortable with technology.

priority. Technology as it currently exists makes this an easy fix!

Inglemoor residents will have an opportunity to have their questions answered about their phone use, texting, emailing, wifi or social media. If they do not have an android or Iphone of their own, they are welcome to use

This initiative began last year when Inglemoor partnered with Linked Senior, an engagement software company. You may have seen us using TVs to deliver video enhanced content including games, slideshows, music, trivia, and more! It



our Ipads.

If you would like your loved one to be able to video chat or contact you via facebook or another social media application, we need your contact information to get them set up and be able to connect with you. Please send us the application you personally

has been a huge success! This software is also available to be used individually on many of the IPads we have purchased. One of our goals is to have our seniors become more comfortable in using Linked Senior and the IPads.

A recent research study rated responses to the Preferences for Everyday Living Inventory (PELI) from two different samples of older adults. Most notably, **more than 90% of respondents in each group rated "having regular contact with family" as an important** use and your number/handle/id by Friday, March 15, 2019. We will take care of the rest. Email the information to margaretb@inglemoor.com. Let's get techy!



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A Look Back at the Fun we had in February!



We had a great time celebrating Filipino culture on Armchair Travel to the Philippines on 2/27! Thank you to our Filipino staff who coordinated the celebration, fed the staff and prepared such a beautiful presentation sharing their homeland! Next up... India!





We celebrated love at our Valentine's Day Celebration. Shrimp cocktail and other yummy treats were served. Love songs and discussions of the many ways we experience L-o-v-e!



Betty Fingerhut was our main sales person at our Resident Council Bake Sale on 2/14. The bake sale made \$350, which will go towards outings and special meals for our residents.



We began a wheelchair Tai Chi class every Tuesday morning. Tai Chi is a gentle exercise from the East that has many health benefits.

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Revident Spotlight: The Smith Sisters

Leonie and Marianne Smith were born in Cuba. Leonie was born in September 1931 and Marianne was born in July, 1934, Lee was two when Marianne was born and helped their mother with the new baby. Their father was a doctor and their mother was a housewife. They had many cous-

ins, aunts and uncles, some that lived in Cuba and others lived in the United States. Cuba is very close to the U.S. and it was a time when Cuba was free, so people would come and go as they pleased. Their mother and father travelled often to New York City and regaled the girls with stories of the Big City! They had no other

brothers or sisters, but their home was happy.

Their home wasn't far from the ocean, and both of them have fond memories of swimming and playing in the ocean and spending a lot of time there. To this day both LOVE the ocean and have a huge painting of an ocean scene on their wall here at Inglemoor. They attended Apostalic school, and were serious students. They remember the nuns being loving and kind.

Castro and the communists took over Cuba in December, 1959. The girls were in their 20's. They remember that they used to travel all the time from Miami back to their home and now they couldn't do that. It was difficult to get food, jobs, and some specific products. Their family was together and they made the most out of it, but society was repressed. Many of their family members escaped to the States or Spain.



The girls had many friends but not too many boyfriends. They both loved to dance—the Salsa and the Meringue were their favorites. Lee was the better dancer, while Marianne was crazy about animals! She loved all animals, but dogs, cats and horses were her favorite.

> Their father passed away from cancer and the girls and their mother decided to come to the United States for more opportunities in the land of the free! They saved up their money for visas and moved to New York City, the city that their father loved. When here, Lee studied at a school for art, she loved to draw, and paint, while Marianne decided to go to the Wilford

Academy to become a beautician. At the time, the pixie haircut was popular, and she said she was the best! After college Lee went to work as a secretary for a utility company, where she would work for over 20 years.

The girls were driven to work hard. Lee would always say, "We have to *make it*, in New York, Marianne." They worked hard, saved their money, and never separated! They eventually became US citizens and bought a house in Linden, NJ. They travelled across the country by bus, visiting their beloved ocean often, through the north, south, and Canada.

When they couldn't care for their home anymore they sold it and came to Inglemoor. They have made many friends here, and the staff fondly refers to them as "the sisters." We are so pleased to have you both!