

Inglemoor Rehabilitation
& Care Center
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troller (ext.223)

Margaret Brown, Director
of Recreation (ext. 250)

Tisha Stellato, Director of
Admissions (ext. 222)

If you are interested
in attending any of
our off-site Depart-
ment outings, contact
the Recreation or the
Front Desk to re-
serve your spot! Call
ext. 250.

Inglemoor Informer

"Excellence in Service"

Caring, Competence, Commitment, Constancy

Volume 2018, Issue 10

October, 2018

October, 2018: Mark Your Calendars

1—International Coffee Day

2—Food Committee Meeting & Lutheran Service

**4—Music Therapy with Jessica 10:15 (also the
11th, 18th, and 25th); League of Women Voters
1:00-3:00pm**

**5—Karickter Performs 2:15; Cookies/Milk Social
3:15**

11—Bereavement Service 2:00

12—Atlantic City Blackjack/Poker 2:00

**14—Craft with Girl Scout Troop 10:00; Mike Arme-
no Performs 2:15**

15—Jewish Service 3:00

17—Livingtones Perform 2:00

18—Style Setters Vendor 9-4pm

19—Oktoberfest Party

21—Katie Sumrow Performs 2:15

22—Resident Council

**26—Deb DeLucca Performs 2:15; Birthday Social
3:15**

28—Eleanor Jackson Performs 2:15



**Hair Salon open every
Tuesday and every other
Wednesday.**

**Catholic Services every
Monday at 2:00pm**

**Jewish Service 3:00pm
on two Mondays a
month.**

**Lutheran Service first
Tuesday of month at
1:30pm**

**Survey results are at the
Reception Desk.**



Halloween is coming! We are plan-
ning a Spook-tacular time! In the
morning we will have the YMCA
Peanut Shells (4-5 year olds) over
for a craft

Poetry Corner

Safe, Veiled Space

Wise Creator, the mystery of aging and change befuddles and awes me -

One evening, as I enter a crowded room, I am suddenly struck by the beauty of a sea of chiseled faces, all graced with graying hair, and a small inkling of the wisdom of your plan, Creator, teases my soul.

I struggle to tether this flash of insight, to place it under my microscope— to study its intricacies, so that my own graying hair will not befuddle me so...

But the mystery thrashes from my hands and returns to its ethereal home.

Perhaps, Great Spirit, the goal is not to understand growing older, to comprehend aging,

but only to fully dwell in the skin I am given, at whatever juncture I discover myself— to give thanks for the pimply, adolescent skin, the twenty-five year-old glory, and the dawn of the gray.

Maybe this mystery will be revealed only in small moments— moments where— swimming in middle age,

I look backward and forward— taking the hand of the skinny little girl with the pixie, and the hand of the wise old crone with the curious eyes.

The crone, who winks at me through mirrors of years.

Slowly, she draws me forward with her velvety, wrinkled hand into

a

safe,

veiled space.



*This poem is taken from Lisa Wagner-Carollo's published book of poems **Above, Along, Inside, and Through: Poems, Prayers, and Reflections**, published by Ayasofya Press. She is the Founder (1993) of Still Point Theatre Collective and currently serves as the theater's artistic director. Lisa began Still Point's theater program for women in prison in 1998. In 2011, she began a spiritual direction practice in Chicago, Illinois where she lives with her husband Chris.*

A Look Back at the Fun we had in September!

The Resident Council took a trip to Olive Garden in September. It was a long time coming because we have had an issue with group transportation for a while. Sixteen residents, several family members, three aides and an intern enjoyed lunch. More trips to come!



Resident Spotlight: Sylvia Gladstein

Sylvia Gladstein, nee Steinberger was born in Pottsville, PA on November 2, 1921. She was the middle child having an older and younger brother. Her father owned a dry-goods store and the family lived above the store. The family ran the store when her father was in the community making deliveries. The surrounding area was rural, mainly farmland and coal mines. It was the time of the Great Depression so they didn't have a lot, but they had a lot of love in the house.

Sylvia went to Hebrew School, because "that's where you met the boys." Her best friends were Willie and Benny#1 and Benny#2. Willie always got the car and they would go to dances at the synagogue. (This writer was shocked that her mother let her drive around with three boys! She coyishly said, "Well, you would have to see these boys, I was perfectly safe.") She was average in school and there was only money for her older brother to go to college.

It was at a dance that was 17 miles away that Sylvia met Irving Gladstein. She loved to dance! That night there was a snowstorm and his family put her up for two days because the roads were unpassable. She got to know him and his whole family. He asked Sylvia to marry him four days after they met, saying that when he returned from the service he would like to know that he had a wife. She felt that was too soon, but they got engaged and they wrote to each other every day while he was gone. He was stationed in Pearl Harbor, Hawaii and thankfully he was one of the

survivors. When he returned four years later, he came back on a Thursday and they were married on a Monday!

Irving and Sylvia moved to Kansas for a short time because Irving still had some time left in the service. While they were there Sylvia worked as the secretary to Eisenhower's brother.

When his time was up they moved to Caldwell, NJ. There they raised a family, Beverly, Ned and Lynn. They opened the Sunrise Market in Caldwell which was a mom/pop store. Sylvia acted as the Bookkeeper.

She kept on dancing until she hurt her back doing the Twist! Irving still didn't dance but they had a lot of fun and a happy marriage. Sylvia did needlepoint, even the big tapestries she would knock out in two weeks! She also became an

expert Bridge Player with points close to being a Life Master!

Sylvia has 9 grand-children and 12 great grand-children with one more on the way in February! She remained independent until she was 92 and legally blind.

Welcome to Inglemoor Sylvia! We look forward to enjoying your big smile, your wit and sense of humor!

