

Inglemoor

Rehabilitation & Care Center

311 S Livingston Ave. • Livingston, NJ 07039 • (973) 994-0221

Upcoming Events This Month

- 10/1 Pass the Veggies Day
- 10/3 Entertainment w/ Randi Rae 2:15 p.m.
- 10/5 Music w/ Pete at 2:45 p.m.
- 10/10 Music w/ Kris P at 2:15 p.m.
- 10/12 Entertainment w/ Carlos at 2:45 p.m.
- 10/13 Columbus Day
- 10/14 National Dessert Day
- 10/15 Hopes Promise at 2 p.m.
- 10/17 Wear Something Gaudy Day
- 10/17 Piano with Selley at 2:15 p.m.
- 10/19 Music w/ Bill C at 2:45 p.m.
- 10/24 Entertainment w/ Kevin Curry 2:15 p.m.
- 10/26 Music w/ Flip Peters at 2:45 p.m.
- 10/31 Halloween (Dress up with staff)
- 10/31 Music w/ Scott P at 2:15 p.m.

Religious Services

- *Catholic* – Oct. 6, 13, 20 and 27 at 2 p.m. MPR
- *Jewish* – Oct. 6 and 20 at 3 p.m. MDR
- *Lutheran* – Oct. 7 at 1:30 p.m. MDR
- *Interfaith* – Sundays at 2 p.m. with Niko MDR

DID YOU KNOW???

- Music with Jessica every Thursday at 10 a.m. in the Main Dining Room
- Lori Rothbard plays piano every Monday at 11:45 a.m. MDR
- Exercise with the YMCA on Oct. 2, 9 and 16 at 3 p.m. MDR



October 2014



National Breast Cancer Awareness Month

Breast cancer is the second most common kind of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that many women can survive breast cancer if it's found and treated early. A mammogram, the screening test for breast cancer, can help find breast cancer early when it's easier to treat.

National Breast Cancer Awareness Month is a chance to raise awareness about the importance of early detection of breast cancer. Make a difference! Spread the word about mammograms and encourage communities, organizations, families, and individuals to get involved.

Resident Spotlight

Suzanne Walldorf

Suzanne has been a resident at Inglemoor for about five months. Suzanne was born in the Bronx, where she lived until she completed high school. After graduating, she moved to New Rochelle to attend Hunter College for her undergraduate degree. Suzanne went on to school at the University of California for her Masters in Nursing. Suzanne practiced nursing for many years before deciding to change careers to computer programming. She received a degree in programming from State University of NY, SUNY, and worked in that field for three to five years. Suzanne is from a small family and has one brother.

Suzanne adores her cats that her brother, Steven, is now taking care of. Her main hobby is arts and craft projects, and she has a doll collection of about 500 dolls. She enjoys traveling and has been to Europe.



Entertainment With Kevin Curry

A crowd favorite, Kevin Curry, performed on Aug. 31. The residents and guests were a'rockin' and a'groovin'.



Arts and Crafts



BINGO

The residents and their families enjoy a game of BINGO. Join us for BINGO on Tuesdays, Thursdays and Saturdays at 2 p.m. in the Main Dining Room.



LABOR DAY BBQ

Our last BBQ of the summer was a huge success! Residents and their families enjoyed one last day of fun in the sun! Entertainment was provided by Ronnie.



Prepare for Colder Nights

Keep an extra blanket near your bed to prevent shivering in your sheets, as autumn night temperatures can drop drastically.

Happy Birthday

10/1 Martha Halper
10/5 Helen Wroblewski
10/27 Guerda Fleurisme



Lovely Libra

Represented by a set of balance scales, Libra is the zodiac sign for those born between Sept. 23 and Oct. 22. Libras value beauty and harmony and are known to root for the underdog.

Seasonal Selections

October, the first full month of autumn, is a perfect time to fall in love with fresh produce. Here's what's in season:

Vegetables: Beets, Brussels sprouts, leeks, lettuce, okra, parsnips, turnips, watercress and winter squash.

Fruits: Apples, cranberries, dates, figs, grapes, pears, persimmons and raspberries.



Music With Flip Peters

The residents enjoyed musical guest Flip Peters on Aug. 15.



Words of Inspiration

"How far that little candle throws his beams. So shines a good deed in a weary world."

—William Shakespeare



October Gave a Party:

The leaves by hundreds came—

The Chestnuts, Oaks, and Maples,

And leaves of every name.

The Sunshine spread a carpet,

And everything was grand,

Miss Weather lead the dancing,

And Professor Wind the band.

—George Cooper

Team Member Spotlight

Minda Pagdanganan MDS Coordinator

Minda is originally from the Philippines. She came to the US in 1988. Minda married her husband, Rizaldy, in 1985, prior to coming to live in the US. Together they raised two wonderful children, Rizzamay and Rayzaldy Jan.

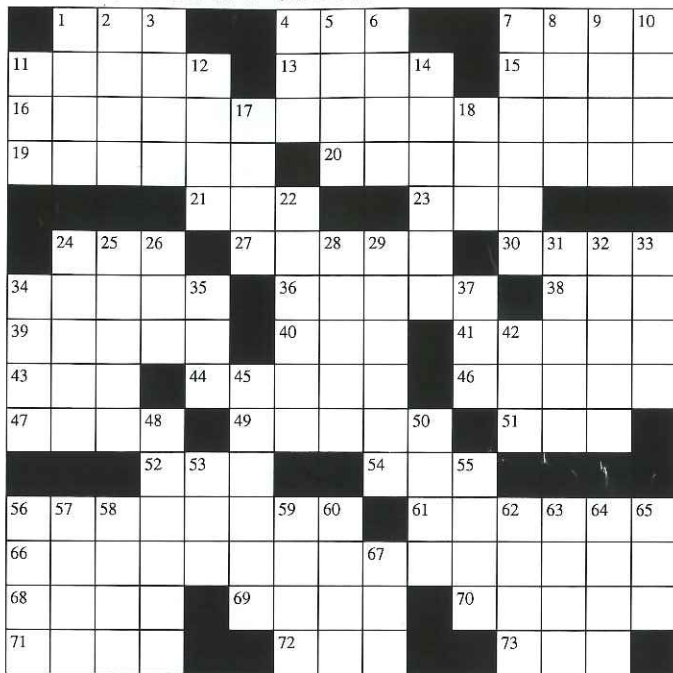
Minda earned her bachelor's degree in banking and finance prior to moving to the US. In 1990, she attained her LPN at Morris County Vocational and Technical School. In 2000, she went to Passaic County Community College for her RN.

When Minda is not working, she enjoys spending time at home cleaning, watching TV and going out to dinner weekly with her husband. After the children were done with school, she went on a European tour with her husband and they had a chance to explore Italy, France and Spain.

Minda has enjoyed working as part of the Inglesmoor family for the last three years, and we at Inglesmoor are grateful to have her as part of our staff.



Crossword Puzzle



ACROSS

1. Patient's need, for short
4. Entree choice
7. Offstage signaler
11. Opera solos
13. Oman's location
15. Mayberry resident
16. Doing as well as one can with
19. Starter
20. Jumbo
21. Word with drum or mark
23. Tres divided by tres
24. Baby's favorite seat
27. Wicked one
30. Con artist's plot
34. Sweetheart
36. Oliver, for one
38. Genetic letters
39. Mountain ridge
40. Mich.'s neighbor
41. Travel ___; trip planner
43. Sea, in French
44. Split grammatically
46. Ponders
47. Picnic spoilers
49. Looks intently
51. McKinley and Whitney: abbr.
52. H, in Greece
54. Asian nation: abbr.
56. In ___; not present

DOWN

1. Catch
2. Be attracted to
3. First son
4. Accessory
5. '75 Wimbledon champ
6. Manner
7. Universe
8. Dependent upon
9. 4 that sometimes follow A
10. Officials, for short
11. I love: Lat.
12. Dagger
14. Be plentiful
17. Former student, for short
18. Type of eagle
22. Take back as a worker
24. Sophia ___
25. Turn away
26. Hound or hamster
28. Parsonage
29. Dictates

31. Toothpaste
32. Boleyn and Bancroft
33. Front porch items
34. Dalai ___
35. Elected official: abbr.
37. Edible tuber
42. Part of the mouth
45. Opposite of concern
48. Vacillate
50. Digestive or skeletal: abbr.
53. Explosive letters
55. Word of disgust
56. Generations
57. Waist item
58. French commune
59. Suffix for sand or wind
60. Fortas and Vigoda
62. Head of France
63. Numbered club
64. Put to flight
65. Salamander
67. Prior to



Inglemoor's Professional Staff



Steve Izzo, Administrator
Karen Gentile, Assistant Administrator
Edie Samson, ADON/Infection Control
Nadra Chafaqi, ADON/Staff Educator
Michele Caggiano, Controller
Tisha Stellato, Director of Admissions and Marketing
Sylvia Adu, Admissions Coordinator
Doug Beam, Director of Building Services
John Vosbury, Food Service Director
Stacy Chuang, Medical Records
Meredith Weil, Director of Social Services
Amy Mancher, Social Services
Julie Cannon, Social Services
Eder Charles, Rehab Director
Lisa Washington, Recreation Director
Melissa Tonicic, Human Resources**
Beata Olszowy, Billing Coordinator**