

Senior Snickers ...

- I'm retired. I was tired yesterday, and I'm tired again today.
- I'm in the initial stages of my golden years – SS, CD's, IRA's, AARP...
- Never do anything you wouldn't want to explain to the paramedics.
- There are three signs of old age. The first is loss of memory. I forgot the other two.
- I was at the beauty shop for nearly two hours – that was only for the estimate.
- I'm not old. I'm chronologically gifted.
- Nostalgia isn't what it used to be.
- Grandma's my name, and spoiling's my game.
- I must be getting older ... all the names in my address book end with M.D.
- It isn't the age. It's the mileage.
- I'm NOT a Senior Citizen. I'm a recycled teenager.
- They're not wrinkles; they're antique smiles.
- I'm speeding because I have to get there before I forget where I am going.
- Some of the sweetest music is played on the oldest fiddles.
- I'm not losing my hair: I'm getting more head.
- Young at heart, slightly older in other places.
- Quit worrying about your health. It'll go away.
- I said LEAVE THAT PLUG ALONE!

Holiday Word Scramble ...

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|--------------|-------------------|
| 1. LROSAC | 10. OLDHIYA |
| 2. SLENIT | 11. NWSOANM |
| 3. NAKHUHA | 12. THO HOCCLAOTE |
| 4. SEDL | 13. FCRUAKIET |
| 5. IDERENRE | 14. GILHST |
| 6. SNOESA | 15. SORONMTWS |
| 7. ELRIFACEP | 16. AATSN |
| 8. NSOFEAWLK | 17. ODCL |
| 9. RCTAIHSMS | 18. SFCRA |

Carols, tinsel, Hanukkah, sled, reindeer, season, fireplace, snowflake, Christmas, holiday, snowman, hot chocolate, fruitcake, lights, snowstorm, santa, cold, scarf!

Inglemoor's Professional Staff

Steve Izzo, Administrator
 Nadra Chafaqi, Ass't. Director of Nursing
 Michele Caggiano, Controller
 Keairah Hines, Admissions Coordinator
 John Vosbury, Food Service Director
 Minda Pagdanganan, MDS Coordinator
 Ida Ansah, Medical Records
 Amy Mancher, Social Services
 Joan Leyva, Rehab Director
 Melissa Tonic, Human Resources**

Karen Gentile, Assistant Administrator
 Vandana Agrawal, Staff Educator/QA
 Tisha Stellato, Director of Admissions and Marketing
 Doug Beam, Director of Building Services
 Pat Finnerty, Dietitian
 Sirner Dhaliwal, Wound Care
 Meredith Weil, Director of Social Services
 Julie Cannon, Social Services
 Lisa Washington, Recreation Director
 Beata Olszowy, Billing Coordinator**

**Notary Public Mon-Fri

Inglemoor Rehabilitation & Care Center



311 S Livingston Ave. Livingston, NJ 07039

(973) 994-0221

December 2015

Upcoming Events

- 12/1 Celebrate w/Dapper Dan at 7:00 pm
- 12/3 Dollar Store (MPR)
- 12/4 Music with Bill C. at 2:15 pm
- 12/6 Piano with Shelly at 2:25 pm
- 12/6 The Presbyterian Church visits at 3:30 pm
- 12/10 Holiday Carols w/The Larks at 10:00 am
- 12/11 Entertainment w/Narrow Escape at 2:15 pm
- 12/12 Mason's Bingo at 2:00 pm
- 12/13 Music w/Full Gospel Choir at 2:45 pm
- 12/15 Chatham Brass Band at 6:30 pm
- 12/18 Holiday Show w/Randi Rae at 2:45 pm
- 12/20 Music with Janice at 2:45 pm
- 12/23 Resident Holiday Party w/Carlos 2:15 pm
- 12/25 Holiday Music w/OHED Shalom at 2:00 pm
- 12/27 Entertainment with Kevin at 2:45 pm
- 12/31 New Years Eve Party with Kris P. 2:00 pm

DID YOU KNOW?

December's name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter. December provides the longest days in Southern Hemisphere, as it is the beginning of summer. December is a month home to many religious holidays.



December Birthdays!

- 12/9 Joseph Faulkner
- 12/18 Eleanor Franklin

Birthstone: Turquoise & Zircon

Flower: Narcissus & Holly

Astrological Sign: Sagittarius

Fun fact: Sagittarians are Optimistic & Honest. Always aiming high, seek adventure & independence, whilst still being one of the zodiac's most large hearted signs.

Ongoing Events:

- Music Therapy with Jessica every Thursday at 10 a.m. in the Main Dining Room (MDR)
- Lori Rothbard plays piano every Monday at 11:45 a.m. MDR
- Exercise with the YMCA on December 1, 8, and 15 at 10:00 a.m.. MDR
- Pet Therapy is provided to residents Mondays and Fridays with Teddy and Leo.

Religious Services

Catholic—December 7, 14, 21 & 28 at 2pm (MPR)

Jewish—December 8 at 3:30 & 21 at 3pm (MDR)

Lutheran—December 1 at 1:30 (MDR)

Interfaith—Sundays at 1:45 pm with Brother Niko (MDR)