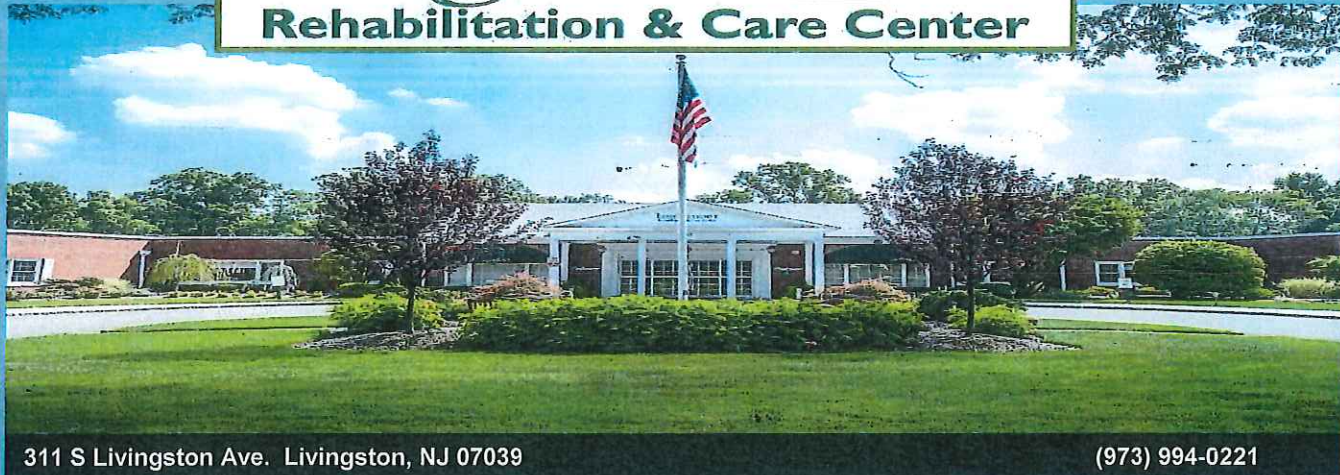


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2016</h1> <h2>Inglemoor Rehabilitation &amp; Care Center</h2>						
<b>3</b> 10:00 Keep Fit & Trivia 1:45 Interfaith 2:45 Music w/ Michael Armeno 6:00 Movie Night (The King and I)	<b>4</b> 10:00 Let's Stretch & Ball Toss 2:00 Catholic Svc 2:30 Spa Day 3:00 Jewish Svc 6:30 Card Corner	<b>5</b> 10:00 Exercise w/YMCA & 50's Trivia 1:30 Lutheran Svc 2:00 BINGO 6:30 Sing-a-Longs	<b>6</b> 10:00 Let's Stretch & Scattegories 2:00 AC Poker 6:30 Resident's Choice	<b>7</b> 10:00 Music Therapy w/Jessica 2:00 BINGO 6:30 Game Night	<b>8</b> 10:00 Let's Stretch & Hangman 2:15 Music w/ Carlos 6:30 Dominoes	<b>9</b> 10:00 Keep Fit & Ball Toss 2:00 BINGO 6:30 Sing-a-Long <small>New Year's Day</small>
<b>10</b> 10:00 Keep Fit & Trivia 1:45 Interfaith 2:45 Music w/Janice 6:00 Movie Night (Oklahoma!)	<b>11</b> 10:00 Let's Stretch & Bean Bag Toss 2:00 Catholic Svc 2:30 Cinemas 6:30 Card Corner	<b>12</b> 10:00 Exercise w/YMCA & 60's Trivia 2:00 BINGO 6:30 Sing-a-Longs	<b>13</b> 10:00 Let's Stretch & Outburst 2:00 Snowflakes 6:30 Resident's Choice	<b>14</b> 10:00 Music Therapy w/Jessica 2:00 BINGO 6:30 Game Night	<b>15</b> 10:00 Let's Stretch/Trivia 2:15 Winter Luau w/Randi Rae 6:30 Dominoes	<b>16</b> 10:00 Keep Fit & Word Games 2:00 BINGO 6:30 Sing-a-Long
<b>17</b> 10:00 Keep Fit & Trivia 1:45 Interfaith 2:45 Music w/DW Wilson 6:00 Movie Night (South Pacific)	<b>18</b> 10:00 Program w/YMCA 2:00 Catholic Svc 2:30 Spa Day 3:00 Jewish Svc 6:30 Card Corner <small>Martin Luther King Day</small>	<b>19</b> 10:00 Exercise w/YMCA & 70's Trivia 2:00 BINGO 6:30 Sing-a-Longs	<b>20</b> 10:00 Let's Stretch/Trivia 1:30 Resident Council 2:00 Games 6:30 Resident's Choice	<b>21</b> 10:00 Music Therapy w/Jessica 2:00 BINGO 6:30 Game Night	<b>22</b> 10:00 Let's Stretch & Shake a Memory 2:15 Piano w/ Shelly 6:30 Dominoes	<b>23</b> 10:00 Keep Fit & Balloon Volleyball 2:00 BINGO 6:30 Sing-a-Long
<b>24</b> 10:00 Keep Fit & Trivia 1:45 Interfaith 2:45 Music w/Full Gospel Choir 6:00 Movie Night (Carousel)	<b>25</b> 10:00 Let's Stretch & Ball Toss 2:00 Catholic Mass 2:30 Cinemas 6:30 Card Corner <small>Martin Luther King Day</small>	<b>26</b> 10:00 Let's Stretch & Hangman 2:00 BINGO 6:30 Sing-a-Longs <small>Australia Day</small>	<b>27</b> 10:00 Let's Stretch & Random Trivia 2:00 Crafts 6:30 Resident's Choice	<b>28</b> 10:00 Music Therapy w/Jessica 2:00 BINGO 6:30 Game Night	<b>29</b> 10:00 Let's Stretch & Random Trivia 2:15 Birthday Party w/ Pete 6:30 Dominoes	<b>30</b> 10:00 Keep Fit & Target Toss 2:00 BINGO 6:30 Sing-a-Long
<b>31</b> 10:00 Keep Fit & Trivia 1:45 Interfaith 2:45 Music w/Linda 6:00 Movie Night (State Fair)	<div>  <h2>Enjoy Dinner Music with Lori on Mondays</h2> <h3>** Mondays &amp; Fridays meet Therapy Dogs Leo &amp; Teddy **</h3> <p>Residents have the right to receive and send mail in unopened envelope, unless the resident requests otherwise. The resident also has the right to request and receive assistance in reading/writing correspondence.</p> <p>*Social Services will be offering family orientation in the Conference Room on Thursdays at 6pm*</p> <p>**Programs are subject to change**</p> </div>					



# Inglemoor

## Rehabilitation & Care Center



311 S Livingston Ave. Livingston, NJ 07039

(973) 994-0221

## January 2016

### Upcoming Events

- 1/1 New Year's Day
- 1/3 Music with Michael Ameno at 2:45 pm
- 1/6 Slots with AC Poker at 2:00 - 3:30 pm
- 1/8 Entertainment with Carlos at 2:15 pm
- 1/10 Music with Janice Wiggins at 2:45 pm
- 1/15 Winter Luau with Randi Rae at 2:15 pm
- 1/17 Entertainment with DW Wilson at 2:45 pm
- 1/18 Martian Luther King Day
- 1/22 Piano with Shelly at 2:15 pm
- 1/24 Music with Full Gospel Choir at 2:45 pm
- 1/29 Birthday Party with Pete D. at 2:15 pm
- 1/31 Music with Linda at 2:45 pm

**The Inglemoor Rehabilitation and Care Center staff would like to wish you all the happiest and healthiest New Year. Thank you all for making 2015 memorable and looking forward to make this new year an exciting one.**

### Ongoing Events:

- Music Therapy with Jessica every Thursday at 10 a.m. in the Main Dining Room (MDR)
- Lori Rothbard plays piano every Monday at 11:45 a.m. MDR
- Exercise with the YMCA on January 5, 12 & 19 at 10:00 a.m.. MDR
- Pet Therapy is provided to residents Mondays and Fridays with Teddy and Leo.

### Religious Services

Catholic—January 4, 11, 18 & 25 at 2pm (MPR)

Jewish—January 4 & 18 at 3pm (MDR)

Lutheran—January 5 at 1:30 (MDR)

Interfaith—Sundays at 1:45 pm with Brother Niko

### DID YOU KNOW?

The name January came from a Roman god Janus. According to the Roman legend, in 700 B.C., the ruler Numa Pompilius added January to the end of the 10-month Roman calendar. However, Romans later made January the first month of the year. January was known as the wolf month to the Anglo-Saxons because in winter, wolves came into the villages to search for food. It is the coldest month in the northern half of the world, nature is quiet and the birds travel less. Also, the bears and woodchucks go into hibernation. However, in southern half of the world, January is the warmest month. During this time, animals are active and plants are growing.



### January Birthdays!

1-18 - Anthony Barone

**Birthstone:** Garnet

**Flower:** Carnation or Snowdrop

**Astrological Sign:** Capricorn

**Fun fact:** Those bearing the Capricorn zodiac are generally people with grand ambitions. However, though they go all out to succeed, you can be sure that they will do so with great integrity. Capricorns are very responsible in their duties as they are disciplined people who accomplish their work with a spirit of excellence.



# SPECIAL

## Resident Spotlight

### Anthony Barone

Anthony is originally from Dyker Heights, Brooklyn where he lived most his life. Growing up he was better known as Tony. Tony was married and had two children, which now the family has grown including five grandchildren and three great grandchildren. He moved to Madison, NJ to live with his daughter about six years ago. Tony retired 30 years ago, he worked as a contractor/carpenter for NYC Board of Education which afterwards he continued doing side jobs.

Tony loves his working in his vegetable garden and listening to opera music in his spare time. Tony is also a worldly traveler, he has been to England, Hawaii, Paris and his favorite Italy, Tony has made several trips to Italy which includes the picture below from about 7 years ago when he climbed the dome of St Peters. Tony is a WWII veteran and on January 18<sup>th</sup> will be celebrating his 95<sup>th</sup> birthday.

We are honored to welcome Mr. Barone to Inglemoor and are happy for him to join our family.



## AARP Livingstones



On November 30 the AARP Livingstones spread holiday cheer with some carols for the residents.



## Dapper Dan



Dapper Dan performed their annual holiday show for the residents on December 1st.

## First Presbyterian Church

First Presyterian Church of Livingston shared some holiday joy with the residents on December 6th.





# EVENTS



*The Larks*

The Larks sang some holiday songs along with the residents.



*Boy Scouts Troop 12*

On December 12th our local Boy Scout Troop 12 visited with the residents to share some holiday cheer.

*Chatham Brass Band*

The residents enjoyed the instrumental styles of Brass Band on December 15th.



**Happy Birthday Ms. Eleanor!!**



## *Employee Spotlight*

### Stacey Geller-Distler

Stacey being a big people person, loves helping others and sharing her infectious smile with the residents. Stacey does work on other units but can mainly be found on our Reflections, as our RN for the second shift. She originally from Poughkeepsie, NY and moved to Livingston in 1996. Stacey obtained her BA from Syracuse University then continued onto Hunter College, graduating in 1989. Previous to her work at Inglemoor she had worked at a few other facilities including working on a psych unit for about six years.

Stacey married her husband, William 21 years ago and have two wonderful boys, 18 and 20. She is also an exercise instructor in her free time teaching spin, yoga, pilates and aqua classes. Stacey enjoys taking hikes with her dog and donates to her local animal shelter.

We at Inglemoor are grateful for Stacey to be part of the family taking care of our residents.





# Senior Snickers ...

I worry that if I lose my mind nobody will notice.  
If it sounds too good to be true, you are probably watching an infomercial.  
There are no stupid questions - But there are a heck of an awful lot of inquisitive idiots.  
Your recent comments have reminded me of something terribly important - it's time to take medicine .  
Youth is wasted on the young - Mark Twain  
Success is more attitude than aptitude.  
An honest man doesn't have to tell you about it over and over again.  
Ham and eggs are a day's work for a chicken, but a lifetime commitment for a pig.  
Your life will go by someone's agenda. If not yours, then someone else's. Your choice.  
How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?  
To err is human...to blame it on someone else shows management potential.  
If you put instant coffee into a microwave, can you go back in time?  
Life is but a circle - You came into this world fat, wrinkled, bald and with no teeth, and you will probably leave the same way.  
You can lead a horse to water, but if you can get him to float on his back and sing La Cucaracha, you've got something.  
The surest way to give something to yourself is to give something to others.  
A husband said to his wife, "No, I don't hate your relatives. In fact, I like your mother-in-law better than I like mine."  
Cosmetics: A woman's way of keeping a man from reading between the lines.  
Never stop acting like a child. Just know when to send him to his room to think about it.

# Winter Word Scramble ...

- |             |                |
|-------------|----------------|
| 1. OSWN     | 11.TORFS       |
| 2. CEI      | 12.ODLC        |
| 3. FCSAR    | 13.ATJCEK      |
| 4. TETMNIS  | 14.NEVEREREG   |
| 5. MSANWON  | 15.KSI         |
| 6. AZZLBIDR | 16.OCACO       |
| 7. CILICE   | 17.NGEGGO      |
| 8. GIOLO    | 18.MWOOB SNILE |
| 9. KSGANIT  | 19.WLAKSFENO   |
| 10.WRITEN   | 20.LRECIFAPE   |

Snow, ice, scarf, mittens, snowmen, blizzard, icicle, igloo, skating, winter,, frost, cold, jacket, evergreen, ski, cocoa, eggnog, snowmobile, snowflake, fireplace

## Inglemoor's Professional Staff

**Steve Izzo**, Administrator

**Nadra Chafaqi**, Ass't . Director of Nursing

**Michele Caggiano**, Controller

**Keairah Hines**, Admissions Coordinator

**John Vosbury**, Food Service Director

**Minda Pagdanganan**, MDS Coordinator

**Ida Ansah**, Medical Records

**Amy Mancher**, Social Services

**Joan Leyva**, Rehab Director

**Melissa Tonicic**, Human Resources\*\*

**Karen Gentile**, Assistant Administrator

**Vandana Agrawal**, Staff Educator/QA

**Tisha Stellato**, Director of Admissions and Marketing

**Doug Beam**, Director of Building Services

**Pat Finnerty**, Dietitian

**Sirner Dhaliwal**, Wound Care

**Meredith Weil**, Director of Social Services

**Julie Cannon**, Social Services

**Lisa Washington**, Recreation Director

**Beata Olszowy**, Billing Coordinator\*\*

\*\*Notary Public Mon-Fri